

LIVING WELL WITH DEMENTIA IN SOUTH TIPPERARY

ANNE QUINN

PEGGY O'SULLIVAN



Living Well with Dementia in South Tipperary



- Set out to transform the life experience of people with dementia and their families by:
 - ▣ Providing information at the appropriate time
 - ▣ Addressing stigma – changing mindsets
 - ▣ Providing flexible supports – doing things differently

Process



1. Leadership
2. Consortium
3. Point of Contact
4. Creating Awareness
5. Community Connector
6. DSW & Model Of Care
7. Memory Technology Library
8. Nurse Specialist/Point of Contact

Nurse's role



- Assessment
- Advice – Living with dementia/Living with somebody who has dementia
- Connecting with existing services & community
- Placing Dementia Support Worker
- Review of service
- Audit, Research and Report writing
- Education Programmes – staff, carers, people with dementia

Occupational Therapist Role

- Role has evolved as well as the services offered at the MTL.
- OT 3 days per week facilitating one hour appointments to problem solve and strategies with PWD and their families
- To demonstrate and loan AT
- Home assessment around engaging in activities and environmental advice
- Facilitates with Nurses and SW Memory Rehab Group
- Carries out relevant research in Dementia. Currently researching the use of GPS systems for PWD

Dementia Support Worker

- Provides 1 to 1 individualised support
- Dementia training
- Psychosocial interventions



Model



- Level 1: Short term goal focused
- Level 2: Continuous – to support complex needs
- Level 3: Continuous – where person unable to engage with existing supports
- Level 4: Crisis intervention
- Level 5: Once off Day Off

Case Study

□ John



What has worked well?



- Consortium – involvement of all stakeholders
- Asking people
- Ability to harness enthusiasm
- Creating a point of contact
- Expert knowledge – nursing assessment
- MTL – people can see/trial equipment, availability of expert advice
- Community Connector – directory of services
- Identifying gaps in service – e.g. post diagnostic supports/memory rehab group
- Flexibility – ability to respond/evolve
- Funding – Atlantic Philanthropies/GENIO & HSE

Challenges



- Continuing advertisement/exposure
- Integration with existing services
- Recruitment - black spot areas i.e. geographical spread
- Administrative support
- Capturing the real value – qualitative vs quantitative

Current Service Provision



- Centrally located in MTL
- Point of contact
- Dementia Nurse Specialist – one post
- Occupational Therapist – 3 days
- Seen as part of dementia services in South Tipperary – GPs, PHNs, Memory Clinic, Acute Hospital
- Education – person with dementia, family, carers, healthcare professionals

What we learned



- Point of contact creates reassurance, trust
- Importance of right information at right time
- Flexibility essential
- People don't look for a lot
- Meeting a need not fulfilled by existing services

Thanks for listening

