Innovation through collaboration in dementia care

Regional Learning Event CHO1

9.30am – 4.30pm, Tuesday 27th February, 2018 Clayton Hotel, Sligo

Cavan

Monaghan

Sligo

Leitrim

Donegal

Dementia Regional Learning Event CH01

Hosted by the HSE, National Dementia Office and Génio



Feidhmeannacht na Seirbhíse Sláinte Health Service Executive







Welcome

We are delighted to welcome participants and delegates to today's regional learning event for Cavan, Monaghan, Sligo, Leitrim and Donegal.

Today provides an opportunity to learn and share information about innovative developments and supports, for people with dementia in the community - both locally and nationally.

There is also opportunity for peer-to-peer and cross-disciplinary learning, collaboration and networking which we hope will be helpful.

This event is hosted by the HSE, National Dementia Office and Genio.

Highlights of the learning event

- Presentations from a national perspective will include an overview of national initiatives by Anna de Siún from the National Dementia Office and Dr. Tony Foley from the PREPARED Project (dementia care in primary care).
- Perspectives of people with dementia and family carers will be presented by Helen Rochford Brennan who will discuss the lived experience of dementia through a human rights lens, while Dr. Patricia McParland will discuss supporting families in the caring role.
- Key topics on local initiatives in CHO Area 1 will include integrated care; dementia consortia; person-centred support; supporting people with advanced dementia; intellectual disability and dementia; and memory technology resource rooms.

Did you know?

- It is expected that the number of people with dementia in Ireland will more than double over the next 20 years, from 55,000 today to 132,000 in 2041.
- It is estimated that currently 35,000 people with dementia live at home while 20,000 live in nursing homes.
- Up to 29% of all patients in a typical acute hospital may have dementia.



Photography

Please be advised that photographs will be taken at the event for use on the Understand Together, HSE and Genio websites, digital and printed material and publications. By attending this event, you consent to the HSE and Genio photographing and using your image and likeness.

09:00	Registration & Tea/Coffee		
09:30	Martin Collum General Manager for Older Person's Services, Cavan/Monaghan	Opening Address	
09:35	Session 1: Update on national initiatives Chaired by Rose Mooney Service Manager, Residential, Community & Social Supports, Cavan/Monaghan		
09:40	Helen Rochford Brennan Member of the Irish Dementia Working Group & Chair of the European Working Group of People with Dementia	The Lived Experience of Dementia through a Human Rights Lens	
00.55	Anna de Siún Senior Project Manager, HSE National Dementia Office	National Dementia Strategy Update	
09:55	Dr. Tony Foley GP, Kinsale Medical Centre; Project Lead, GP PREPARED Programme; Lecturer UCC	Dementia Care in Primary Care: The PREPARED Project	
10:30	Mary McGuire & Elaine Howard, Programme Managers - Dementia, Genio	HSE & Genio Dementia Programme	
10:40	Collaborative Exercise: 'What is a good life?'		
11:00	Tea/Coffee Break		
11:20	Session 2: Care and Support Network - Wider social networks & mainstream services Chaired by Valerie Ross Senior Social Worker, Psychiatry of Old Age Services, Monaghan		
11:25	Dr. Patricia McParland Dementia Consultant	Supporting Families in the Caring Role	
11:55	Alastair McKinney Chairperson, Alzheimer Society of Ireland, Donegal Branch	Dementia Aware Donegal Project	
12:10	Eilis Hession General Manager, Social Care, HSE Community Health Care East; Lead, Living Well with Dementia Project	Living Well with Dementia Project	
12:25	Collaborative Exercise: 'Developing a collaborative approach'		
13:00	:00 Lunch & poster display		
13:45	Session 3: Care and Support Network - Health & Social Care Chaired by Professor Geraldine McCarthy Consultant Psychiatrist, Psychiatry of Old Age, Sligo		
13:50	Majella O'Donnell Clinical Nurse Specialist in Dementia, Sligo	Integrated Care Pathways for Older People	
14:05	Grace Kelly Advanced Nurse Practitioner in Dementia, Donegal	Role of ANP in Supporting People with Advancing Dementia	
14:20	Elizabeth Breslin, Nursing & Midwifery Planning and Development Officer, HSE Northwest & Sandra Gillespie, Clinical Nurse Manager, St. Joseph's Hospital, Donegal	Donegal Person-Centred Care Project	
14:35	Q&A		
14:50	Tea/Coffee Break		
15:00	Johnny Watters, Senior Clinical Psychologist & Oliver Davitt, Clinical Nurse Manager (CNM2), Mental Health Intellectual Disability, Sligo	Mental Health of Intellectual Disability Team (MHID)	
15:15	Maeve Montgomery Dementia Adviser, Cavan/Monaghan/Louth, Alzheimer Society of Ireland	Dementia Adviser Service	
15:30	Sharon Richardson Senior Occupational Therapist, Leitrim	Memory Technology Resource Room	
15:45	QerA		
16:00	Collaborative Exercise: 'Identifying collaborative opportunities towards dementia inclusive services'		
16:25	Wrap up & next steps		

Martin Collum

General Manager for Older Person's Services, Cavan/Monaghan

Martin Collum is currently the General Manager for Older Persons Services across CHO area 1. Martin joined the HSE in 1998 as Care Group Manager within Disability Services, Cavan/Monaghan. Prior to this he worked with Rehab Care; the Irish Society for the Prevention of Cruelty to Children; and as Director of Services in Essex County, New Jersey working with people with disabilities. Since joining the HSE Martin has held the following Senior Management positions: General Manager, Community Services, Cavan/Monaghan; Social Inclusion Specialist, Dublin North East; Area HR Manager, Cavan/Monaghan and Acting LHO Manager/ISA Manager and Area Manager, Cavan/Monaghan. Martin holds academic awards in Social Work, Child Care, Psychology/Counselling and Health Care Management. He is also a member of the American National Honours Society of Psychology.

Martin will deliver the opening address.

Rose Mooney

Service Manager, Residential, Community and Social Supports, Cavan/Monaghan

Rose Mooney worked as a registered general nurse and went on to specialise in the area of coronary care. She worked as Clinical Nurse Manager (CNM2) and Assistant Director in an acute hospital setting. In 2000 she became Assistant Director of Nursing in a Residential Unit for Older persons. Since then, Rose has worked in Services for Older Persons in Cavan/Monaghan. She is actively involved in the area of practice development and was involved in the first National Person-Centred Care Project which was led by Professor Brendan McCormack. Ms Mooney holds an MSc in HR Management and Training and a BSc in Nurse Management.

Rose will chair the session 'Update on national initiatives'.

Helen Rochford Brennan

Member of the Irish Dementia Working Group & Chair of the European Working Group of People with Dementia

Helen Rochford Brennan is from Tubbercurry in County Sligo. Helen spent many years working in the tourism and disability sectors and has also devoted many years to community activism, working at board level in several organisations. In July 2012, Helen was diagnosed with early onset Alzheimer's disease. She is currently the Chair of the European Dementia Working Group and former Chair of the Irish Dementia Working Group, which is resourced by The Alzheimer Society of Ireland. Helen is now participating in national and international research in the area of dementia.

Helen will be speaking about her personal experience of living with a dementia diagnosis. As an advocate for the human rights of people with dementia she will describe how with the right supports, it is possible to live well with this condition, and how people can continue to be active citizens within their local communities.

Anna de Siún Senior Project Manager, HSE National Dementia Office

Anna is a Senior Project Manager with the HSE National Dementia Office, overseeing the implementation of the National Dementia Strategy. Prior to joining the HSE, Anna

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worked with the Irish Hospice Foundation, developing and implementing a programme to support staff in Older Person Residential Care Settings enhance their end-of-life care practices. Anna has worked extensively in older person care, including the Irish National Audit of Dementia Care (INAD) in Acute Hospitals, the National Dementia Education Programme and the National Falls Prevention Strategy, giving her the opportunity to develop her research, programme development and project management skills. This work has given her a deep respect for the dignity and individuality of each person working in and accessing health care services in Ireland. She holds a BA in Psychology, BSc in Counselling and Psychotherapy and a MHSc in Health Services Research.

Anna will introduce the National Dementia Office, and give an overview of some of the ongoing work around the country to implement the National Dementia Strategy.

Dr. Tony Foley

GP, Kinsale Medical Centre; Project Lead, GP Prepared Programme; Lecturer UCC

Dr. Tony Foley is a GP in Kinsale, is an active member of Kinsale Primary Care Team and is also a Lecturer in the Department of General Practice in University College Cork. He has been the lead for a communitybased dementia project, Kinsale Community Response to Dementia (KCoRD), which developed individualized services and supports for people with dementia. He is currently the lead for PREPARED (Primary Care Education, Pathways & Research of Dementia), a national primary care dementia project, which aims to support GPs and Primary Care Team members in their delivery of integrated dementia care in the community. PREPARED has developed a number of dementia resources for healthcare professionals, including practice-based workshops, ICGP e-learning modules, a university accredited dementia module for GPs and the www.dementiapathways. ie website. He is a member of the Scientific Advisory Panel of the The Alzheimer Society of Ireland and is a member of the National Dementia Strategy Programme Implementation Board.

Dr. Foley will be presenting on the PREPARED project, where he will describe the project's key aims and progress to date.

Mary McGuire Programme Manager, Dementia

Mary joined Genio in 2013. Her role is to monitor and support projects funded through the Genio Trust. Mary is an Occupational Therapist (OT) with a Masters in Public Management. Mary worked in a variety of specialisms as an OT in Ireland and the UK until she took up the position of Manager of Older Persons Services in the HSE in 2010. She was instrumental in the development of the Home Care Package initiative to support older persons to remain in their own home. Mary subsequently held posts as Community Services General Manager and Local Health Manager where she held a lead responsibility for older persons services. Mary left the HSE at the end of 2010 and as well as her role in Genio, she has undertaken private OT, case management and consultancy work. Mary believes strongly in the benefit of service innovation in influencing positive change and moving to self-directed and individualised support systems.

Elaine Howard Programme Manager, Dementia

Elaine joined Genio in September 2013 as Programme Manager in Dementia. Elaine's main responsibilities include monitoring and supporting dementia projects that have been funded through the Genio Trust. She is also responsible for developing a Dementia Learning Network, which provides opportunity to extract and disseminate learning among project sites as well as a wider community of professionals and individuals interested in supporting people with dementia in a personalised way. Having completed a Masters of Science in Dementia from Trinity College Dublin, Elaine worked in the nursing home sector as Group Care Development Manager with responsibility for enhancing a person-centred approach to care. Her role included staff training and development; design and implementation of new initiatives; and policy change. Elaine previously worked in the corporate sector for 20 years in an operational management capacity.

Mary and Elaine will give an overview of the HSE & Genio Dementia Programme including some of the learnings and impact to date. They will then facilitate a related collaborative exercise.

Valerie Ross

Senior Social Worker, Psychiatry of Old Age Services, Monaghan

Valerie is a senior medical social worker in mental health services for the elderly in Cavan/Monaghan. She spent the first eight years of her career working with children and adolescents and has worked with mental health services for the elderly for the past seventeen years. Much of the focus of her role is working with older people with dementia and supporting family members and carers in the community. This involves multi-disciplinary, intra-professional and interagency working to get the most appropriate package of care for the person with dementia. Valerie has recently undertaken a role within mental health services Cavan/Monaghan which involves leading out on developing care pathways for people with dementia.

Valerie will chair the session 'Care and Support Network - Wider social networks & mainstream services'

Dr. Patricia McParland Dementia Consultant

Dr. Patricia Mc Parland is a director on the Board at Alzheimer Society of Ireland, adjunct faculty member of the Faculty of Science and Health, Dublin City University and currently works as an independent consultant in the field of dementia. She is a regular speaker on the topic of dementia and also delivers seminars and training programmes. She has co-written a number of dementia-related education programmes, including a pan-European Masters. Patricia has personal experience of dementia as her mother lived with Alzheimer's disease for almost 20 years before her death in 2012, and she is passionate about using her experiential and academic knowledge to improve the lives of people affected by dementia. Alongside her work in the field of dementia she runs a Positive Living Network in Newry and works as a life coach with clients and groups to support them to live happier, more fulfilled lives.

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Supporting someone with dementia is often a roller coaster ride for a family, full of emotional challenges. The role of professionals in supporting families is also complex and challenging. In her presentation, Patricia will discuss both perspectives, focusing on the very human nature of both experiences. She will suggest that there are ways in which we can live more at ease with ourselves personally and professionally and consider what this might mean for the type of support offered to families.

Alastair McKinney

Chairperson, Alzheimer Society of Ireland, Donegal Branch

While caring for his mother who lived with dementia in her final years in 1999, Alastair joined the Donegal Branch Committee of the Alzheimer Society of Ireland (ASI). Together with five other voluntary committee members, Alastair is involved in various fundraising initiatives as well as advocacy and awareness projects with ASI Donegal staff. This includes the provision of homecare, day-care and respite services as well as Alzheimer's cafés and dementia training for family carers.

Alastair will be speaking about the work of Dementia Aware Donegal (DAD); a consortium which was formed in 2011. He will describe DAD's impact in raising awareness and understanding of dementia in the Donegal area, which included a campaign that focused on primary school-going children.

Eilis Hession

General Manager, Social Care, HSE Community Health Care East; Lead, Living Well with Dementia

Eilis Hession is General Manager of Social Care, HSE Community Healthcare East & Lead of the 'Living Well with Dementia' Project, a three-year community-based project supported by the HSE & Genio. Eilis was a member of the National Dementia Strategy Working Group and currently is a member of the National Dementia Monitoring Group. Eilis qualified as a general nurse, midwife and public health nurse. She has undertaken further studies in rehabilitation, psychiatry, care of older persons and health management. She has forty-three years of experience working in the Irish healthcare system including roles of ward sister in the acute sector, public health nurse, assistant director of public health nursing and senior health care service manager. Eilis was presented with the Inaugural European Kate Granger award for a leader in compassionate health care at the e-Health summit in Malta in May 2017.

Eilis will be speaking about the Living Well with Dementia project, a three year community-based pilot project to support people with dementia in the South Dublin area to continue to live at home and participate in their own community.

Professor Geraldine McCarthy Consultant Psychiatrist, Psychiatry of Old Age,

Sligo

Professor Geraldine McCarthy is a Consultant in Psychiatry of Old Age covering Sligo, Leitrim, West Cavan and South Donegal. A graduate of University College Dublin, she completed postgraduate training in Dublin, Australia, Cardiff and Bristol. Sne established the new Psychiatry of Old age Services in 2001. She is also Dean of Undergraduate Medical Education with National University of Ireland Galway for Sligo Medical Academy and Vice Dean of Post Graduate Training for the CHO 1 area as well as the Longford/ Westmeath area. The former Chair of the Irish Association of Consultant Psychiatrists of Old Age and the Faculty of Psychiatry of Old Age, College of Psychiatrists in Ireland, she has been involved in a number of national initiatives including the Irish National Audit of Dementia and the National Delirium Pathway. She has a keen interest in Services Based Research with a particular emphasis on care issues and delirium. She is currently involved in the Service Reform Fund in CHO 1 and was lead on a number of Genio Projects including, Carer Liaison and Support Service (CLASS), Home from Home alternative respite in West Sligo and Community Outreach for persons with Dementia in Leitrim. She has over 50 peer review publications as well as over 100 published abstracts.

Professor McCarthy will chair the session 'Care and Support Network - Health & Social Care'.

Majella O'Donnell

Clinical Nurse Specialist in Dementia, Sligo

Majella O Donnell is a Registered General Nurse and is currently a Clinical Nurse Specialist in Dementia with the new Integrated Care Pathway for Older Persons (ICPOP) programme based in Sligo. Prior to joining the HSE in October 2017, Majella spent thirteen years working with the Alzheimer Society of Ireland as a Nurse Manager and as a Dementia Adviser. She completed her Masters in Dementia from The University of Ulster in 2016. Majella will speak about her role as Clinical Nurse Specialist in Dementia within the ICPOP programme. Her presentation will include a description of the new ICPOP service locally.

Grace Kelly

Advanced Nurse Practitioner in Dementia, Donegal

Grace Kelly qualified as a Psychiatric Nurse in 1984. After working in various care settings she took up the position of Clinical Nurse Specialist in Mental Health Services for Older People in Donegal in 2002. Grace undertook post graduate studies in both Dublin City University and University of Stirling, Scotland. She completed her Certificate in Nurse & Midwifery Prescribing in the Royal College of Surgeons in Ireland in 2011 and became the first Registered Nurse Prescriber with Donegal Mental Health Services in 2013. In recent service developments Grace secured the post of the first Advanced Nurse Practitioner (ANP) for Dementia Care in Ireland. Since taking up this role, Grace has been a critical stakeholder both locally & nationally for the development of services & care practices specific to dementia care

Grace will speak about her role as ANP in dementia care in Donegal. She will describe the various aspects of the role including clinical care and staff education, as well as the referral pathway to the service.

Elizabeth Breslin

Nursing & Midwifery Planning and Development Officer, HSE Northwest

Elizabeth is a registered general nurse. She currently works in the Nursing & Midwifery Planning and Development Unit in Donegal. This is a regional unit which is focused on supporting and facilitating safe and personcentred care for individuals accessing health services and living in the community. Liz is an affiliate member of the Centre for Person-Centred Practice Research at Queen Margaret University, Edinburgh where she is a PhD candidate. She has a specific interest in dementia and is currently co-facilitating a regional (Donegal) practice-based quality improvement project in the area of dementia, which is focused on supporting cultures of care, which are collaborative, inclusive and participatory.

Sandra Gillespie

Clinical Nurse Manager, St. Joseph's Hospital, Donegal

Sandra is a registered mental health nurse and is the Clinical Nurse Manager of a Dementia Assessment Unit in St Joseph's Community Hospital in Donegal. Sandra has many years of experience caring for people with a diagnosis of dementia and their families. Sandra is currently a facilitator on the Donegal person-centred care project where she is leading and supporting the team towards learning new ways of working, based on reflective activities specific to work place culture.

Elizabeth and Sandra will be presenting on the Donegal Person Centred Care project. This is a regional practice based quality improvement project currently taking place within two specific dementia assessment and care units in Donegal. The overall purpose of the project is to support and enable a person centred culture of care for people living with dementia, their families and carers as well as the health care team and the wider community.

Johnny Waters

Senior Clinical Psychologist, Mental Health Intellectual Disability, Sligo

Johnny Watters is a Senior Clinical Chartered Psychologist. He has worked in local disability and mental health services for more than twenty years and currently works in Sligo Leitrim Mental Health Services on the Mental Health of Intellectual Disability (MHID) Team. The local MHID Team was set up in 2014 and to date it employs psychiatry, nursing, social work, clinical psychology, and administrative staff.

Oliver Davitt

Clinical Nurse Manager (CNM2), Mental Health Intellectual Disability, Sligo

Oliver Davitt is a Clinical Nurse Manager (CNM2) with the Mental Health of Intellectual Disability team. He is a dual qualified nurse in Mental Health and Intellectual Disabilities Nursing. He has worked both in community and residential services in Ireland and the UK. He has been with the MHID service in Sligo since its inception in 2014.

Johnny & Oliver will present together and describe how Mental Health of Intellectual Disability teams function. They will explain how clients with dementia or possible dementia as well as families/carers/professionals can benefit from a consultation with an MHID Team. The role of the MHID Team will also be described in the context of other inputs, for example, collaboration with the specialist dementia nurse for people with intellectual disability.

Maeve Montgomery

Dementia Adviser, Cavan/Monaghan/Louth, Alzheimer Society of Ireland

Maeve Montgomery started working with the Alzheimer Society of Ireland in 2002 as a home care coordinator in Co. Louth. In 2014 she commenced her role as a Dementia Adviser for the Cavan/Monaghan/Louth area. She has fifteen years of experience working with families who are living with a dementia diagnosis. Maeve's role is to support people as soon as possible after a diagnosis and as they progress though the dementia journey. Holding a BA in Community Development, she then went on to graduate from the Dublin City University Dementia Champion course. Maeve has set up "Drop-In information Hubs" to enable people with dementia and/or family members to access the service and information directly, giving them the control and motivation to seek support.

Maeve will be speaking about her role as a dementia adviser where she will describe the range of supports the service offers to people with dementia and their families.

Sharon Richardson Senior Occupational Therapist, Leitrim

Sharon has been practicing as an Occupational Therapist since 1992 and has worked throughout this time with people with dementia. She completed her Masters in Art - Design Research for Disability in 1998, focusing on a door design to enhance orientation to assist people with dementia. In 2017 she completed the Dementia Champion course. She has been instrumental in the development and facilitation of The Memory Café in Carrick-on-Shannon, Co. Leitrim, which has been meeting for the past four years. Sharon is now involved in the development and running of the Memory Technology Resource Room based in St Patrick's Hospital in Carrick on Shannon.

Sharon will be talking about the development of the Memory Technology Resource Room in St. Patrick's Hospital, Carrick-on-Shannon. She will also discuss the use of assistive devices and the referral pathway to the use of this service.

About the National Dementia Office

The National Dementia Office (NDO) was established in 2015 in accordance with the launch of the National Dementia Strategy (2014). The NDO provides leadership at a system level for the implementation of the strategy. Its role and function is to oversee the implementation, monitoring, and ongoing evaluation of the National Dementia Strategy.

The NDO's vision is that people with dementia and their family carers receive the supports and services they need to fulfil their potential and to maintain their identity, resilience and dignity as valued and active citizens in society.

Their mission is to transform the dementia landscape in Ireland by:

Providing leadership for the implementation of the Department of Health National Dementia Strategy and the HSE Reform Programme, so that people with dementia can live well, can have services and supports delivered in the best way possible and can ultimately die with comfort and dignity.

- Working collaboratively with staff across HSE Divisions/ NGOs/ Private / Voluntary services to ensure effective roll-out of the National Dementia Strategy implementation plan, creating an interconnected approach to identification of programme solutions, service delivery, education and public information.
- Influencing policy and practice in dementia care in Ireland; advocating for an evidence-based, progressive approach to the development and provision of dementia services and supports.
- Raising awareness and increasing understanding of dementia and related risk factors; empowering people living with dementia, their family carers, communities and those working in dementia care.

About the HSE & Genio Dementia Programme

The aim of the HSE & Genio Dementia Programme is to ensure people with dementia continue to lead self-determined lives at home, connected to their family, neighbours and community for as long as possible. The programme involves developing and testing a range of personalised, flexible and responsive supports and services. This programme is aligned with the National Dementia Strategy and supported by The Atlantic Philanthropies. €4.9m innovation funding was awarded to 13 dementia projects around Ireland between 2012 - 2017 through the HSE and Genio Dementia Programme in partnership with the Atlantic Philanthropies. These include:

Community-based supports for people with dementia: 9 community-based projects were supported through the programme across broad geographical areas in Ireland. These projects developed a range of services and supports determined by the needs and preferences of people with dementia from early to more advanced and complex stages. Transition between hospital and the community: 3 projects have developed integrated care pathways (ICP) for people with dementia so that access to and discharge from hospital is as seamless as possible, and that their experience is as good as it can be. Some of the work being undertaken by the hospitals include staff awareness-raising and education; environmental changes; enhanced integration of services; and process improvements.

In addition, Genio is currently working with the HSE to support the implementation of **Intensive Home Care Packages** (IHCPs) for people with dementia. Genio is supporting the HSE with the implementation of personalised IHCPs, which includes sharing learning from experiences around the country of implementing IHCPs for people with dementia and enhancing the integration of services. Genio has also been commissioned to carry out a research study on the implementation and impact of IHCPs for people with dementia.

Thank you

We would like to thank all the speakers and participants for the enormous effort they made not only in participating in today's event but also in the days and weeks of preparation.

Opportunities to share the good practice in dementia care and the emerging learning around the country are vitally important in informing the continued roll out of these initiatives. They also help to promote improved supports for people with dementia, in our communities.

We would like to thank all attendees for their participation and engagement during today's event. They highlight how we can collaborate and innovate to support people with dementia to live full lives at home.

Collaborative working, as described and demonstrated through today's presentations, illustrate the greater impact that can be achieved when individuals and organisations with a shared vision work together.

In line with the National Dementia Strategy we must ensure, in our communities and within our professions, that the development of dementia policy and practice is underpinned by a solid evidence-base and that the person with dementia and their families must be central in informing and influencing future dementia policy and practice in Ireland.

We also wish to acknowledge the support of The Atlantic Philanthropies.

Mary Manning

Mary Manning, General Manager, National Dementia Office

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Madeleine Clarke, Executive Director, Genio

Notes



Notes

Irish National Dementia Strategy

health.gov.ie/healthy-ireland/nationalpositive-ageing-strategy/the-irishnational-dementia-strategy

National Dementia Office

www.understandtogether.ie/nationaldementia-office

Understand Together

www.understandtogether.ie

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