

# Donegal Person Centred Care Project

Innovation through Collaboration in Dementia Care  
North West Regional Learning Event – CHO 1  
27<sup>th</sup> February 2018

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## Dementia Care in Donegal

### Services for Older People Donegal

There are two specific assessment dementia care residential units for the County of Donegal (St Joseph's, Stranolar and Ard Aoibhain, Carndonagh).

#### Key Principles of care:

- ← All individuals and their carers are at the centre of care.
  - ← Multi-disciplinary and multi-agency approach
  - ← Person-centre care philosophy
  - ← Nurse-led services
  - ← Resident and staff engagement
  - ← Community involvement
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# County Donegal

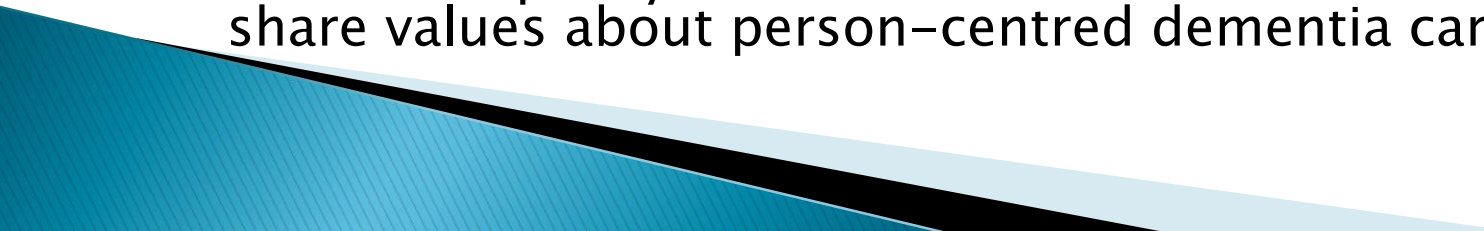


# Purpose and Aims of the Donegal Person– Centred Care Project

## **Purpose:**

- ▶ To enhance and support a person–centred philosophy of care for people with dementia, their families, carers and wider community.

## **Aim:**

- ▶ To facilitate the health care team to focus on well–being by developing a person–centred and evidence informed context (culture) for everyone.
  - ▶ To explore the experiences of persons with dementia and the health care team to influence person–centred innovation.
  - ▶ To develop general and specialist knowledge and skills in person–centred dementia care within the team.
  - ▶ To contribute to the National Dementia Strategy objectives and quality improvement strategies.
  - ▶ To build capacity within the health care team to enable them to articulate their share values about person–centred dementia care.
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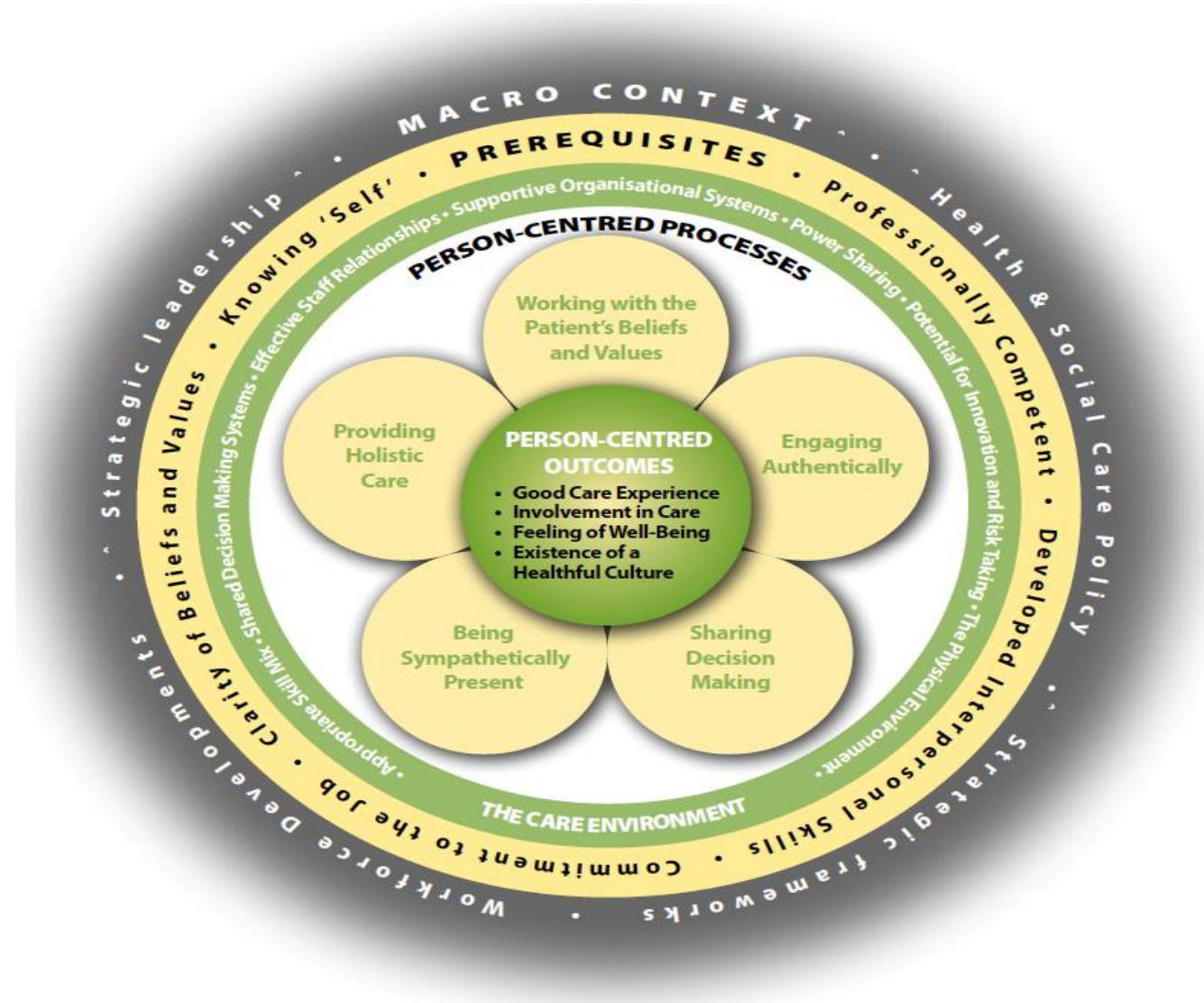
# Methodology – Practice Development

*Continuous process of development person-centred cultures. It is enabled by facilitators who authentically engage with individual and teams to blend personal qualities and creative imagination with practice skills and practice wisdom. The learning that occurs brings about transformations of individual teams practice. This is sustained by embedding both processes and outcomes in corporate strategy*

*(Manley et al., 2008)*

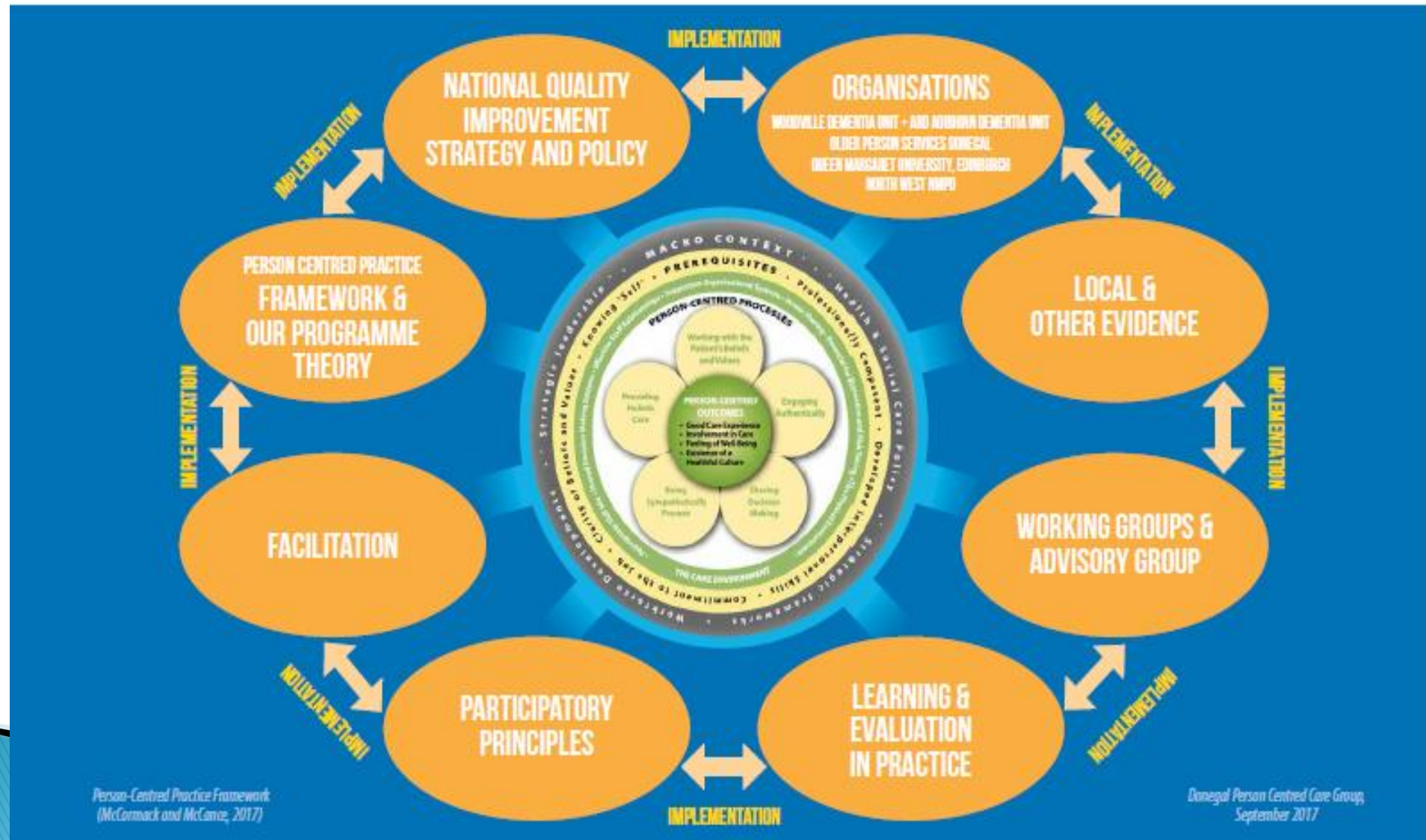


# Person-centred Practice Framework



(McCormack & McCance, 2016)

# THE DONEGAL FRAMEWORK FOR DEVELOPING PERSON CENTREDNESS PROGRAMME 2016-2019








HSE Framework for Quality Improvement 2016



# Project Structure – Key Principles

## Collaboration, Inclusion and Participatory


- ← **Collaboration:** The Donegal Practice Development project is a collaboration between Older Person Services, the regional NMPDU and the Centre for Person-Centred Practice Research, Queen Margaret University, Edinburgh.
  - ← **Inclusion:** It is based on evidenced based and tested methodologies – Practice Development
  - ← **Participatory:** A project plan has been agreed collaboratively with the project team
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# Project Themes

- ▶ Values and Beliefs –Establishing a vision
- ▶ Workplace learning
- ▶ Person, family and staff engagement.
- ▶ Evidenced based quality improvement methods
- ▶ Measurement for quality
- ▶ Governance for quality
- ▶ Transitioning to additional care settings
- ▶ Practice Development schools

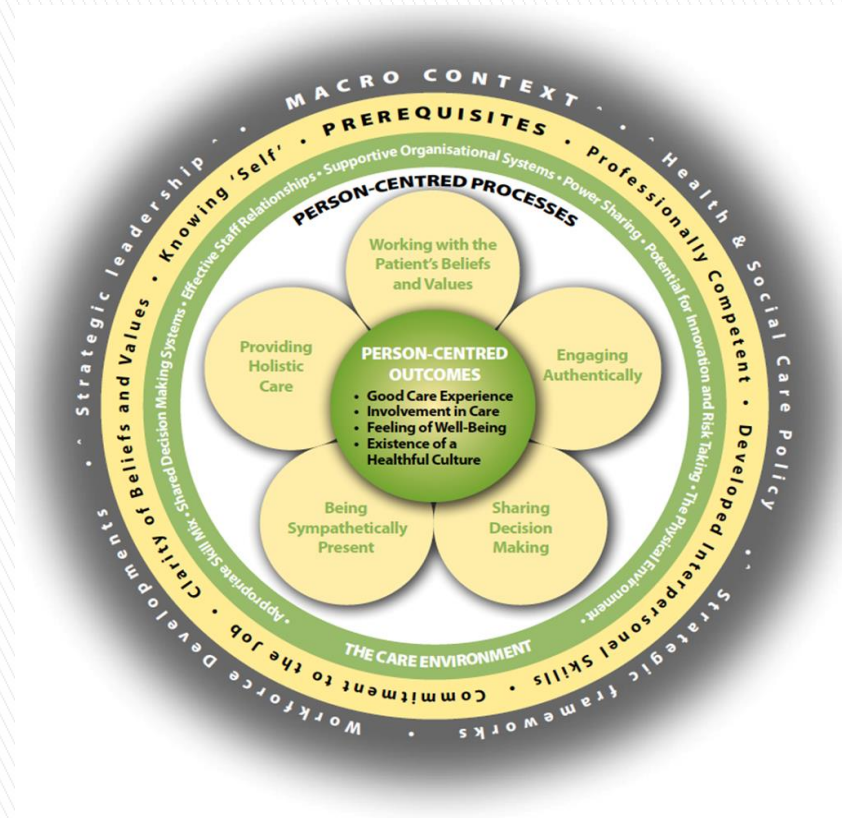


# The Donegal PD project – Evidence

- We (the PD team) will use evidence gathered in a systematic way – through observations of care and engagement with individuals residing on the unit, as well as those visiting, to apply person-centred change in a practical way for people with dementia, their families and those who are caring for them.
  - The Practice Development Groups explore ways that we can strengthen links with the residents, their carers and the local community.
  - We will explore how dementia care is managed at present and aim to enhance care consistently and compassionately in partnership with residents and their carers.
  - We will support our staff members to learn about practice development.
  - This PD project will inform other local and national agendas in relation to the provision of person-centred dementia care.
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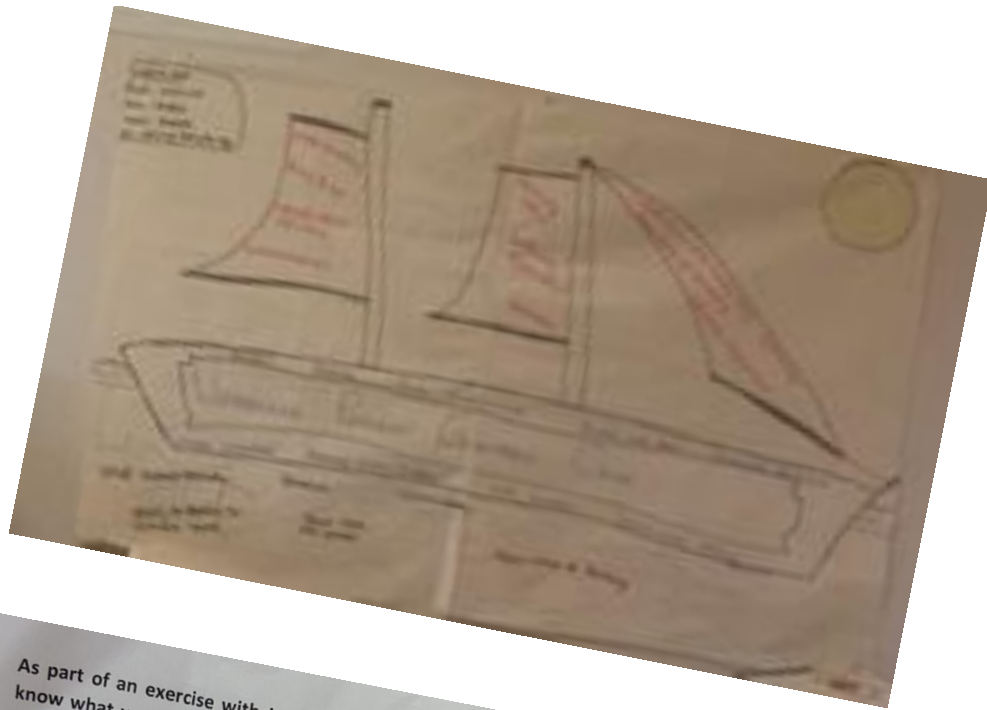
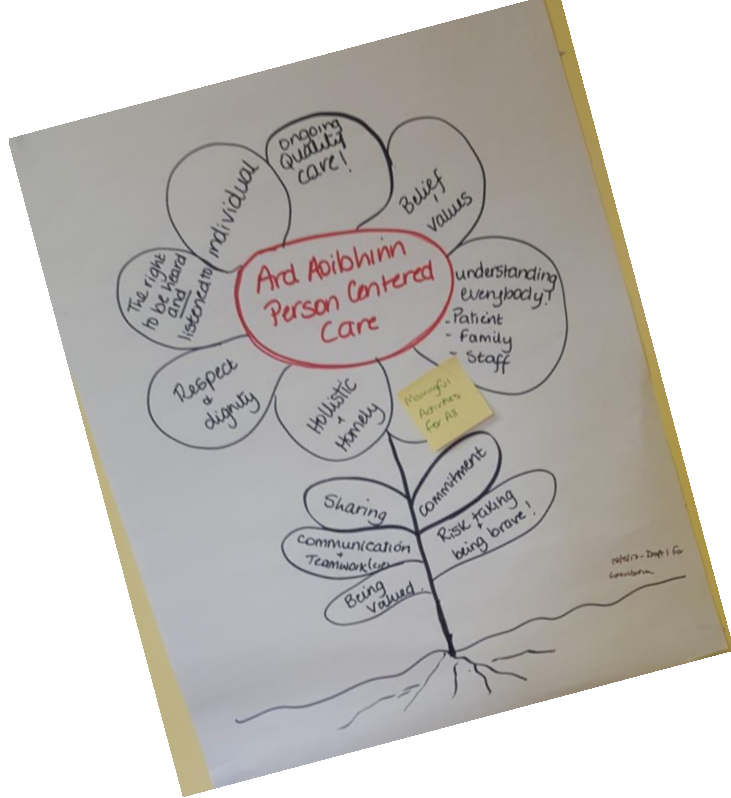
# Person Centred Moments

- ▶ Observation
- ▶ Reflective space
- ▶ Dialogue
- ▶ Actions
- ▶ Values









As part of an exercise with Jan Dewing for Person Centred Dementia Care, we need to know what you believe and understand from the statement below. This will form YOUR Vision for Ard Aiobhinn.


Please drop into Ard Aiobhinn in the envelope provided BEFORE THE 8<sup>TH</sup> MAY. All feedback will be reviewed on the 9<sup>th</sup> May with Jan Dewing and all Staff.

Many Thanks

**I BELIEVE PERSON CENTRED CARE MEANS.....**

FOR PATIENTS { LISTENING TO WHAT PATIENT WANTS  
NOT WHAT WE WANT  
KEEPING ROUTINE - "THEIR" ROUTINE  
BE THEY ALWAYS WENT TO BED IN THEIR OWN CLOTHES  
LET THEM!  
CAREING FOR ONE ANOTHER AS INDIVIDUALS  
AND RESPECTING THEM  
IT'S OK TO HAVE A BAD DAY - WE ALL DO!

# Achievements

- ← Workplace learning to enable healthcare teams to enhance and develop values, knowledge and skills needed to achieve culture transformation.
  - ← Introduction of the Person–Centred Framework (McCormack and McCance 2010).
  - ← Increased knowledge
  - ← Facilitation skills and knowledge
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**Thank You**