

# PREPARED

(Primary Care Education, Pathways & Research of  
Dementia)

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# PREPARED Project

*The*  
**A T L A N T I C**  
*Philanthropies*

THE IRISH NATIONAL DEMENTIA STRATEGY



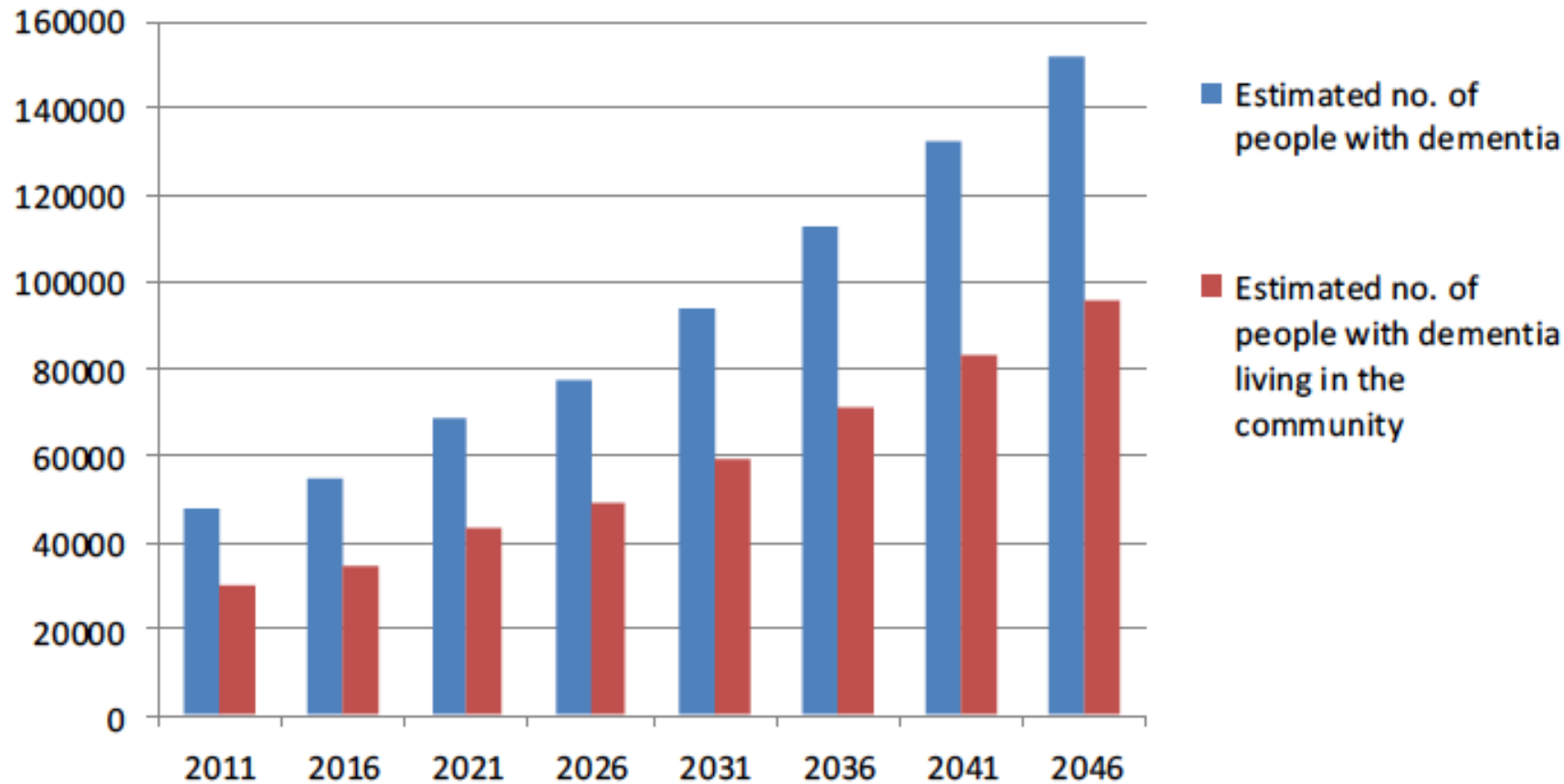
Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

Tús Áite do  
Shábhálteacht 1 Othar  
Patient Safety 1 First

 **An Roinn Sláinte**  
DEPARTMENT OF HEALTH



# Making the Case for Primary Care



Pierce, M., S. Cahill, and E. O'Shea. "Prevalence and Projections of Dementia in Ireland, 2011–2046." *Dublin, Ireland: Trinity College Dublin* (2014).

# Challenges in Primary Care

- Suboptimal care<sup>1</sup>
- Low rates of diagnosis
- Inappropriate referral
- Overuse of antipsychotics
  
- Barriers to care<sup>2</sup>
- Clinical uncertainty
- Time
- Absent services and supports
- Fragmented PCTs
  
- Calls for healthcare professional education<sup>3,4</sup>

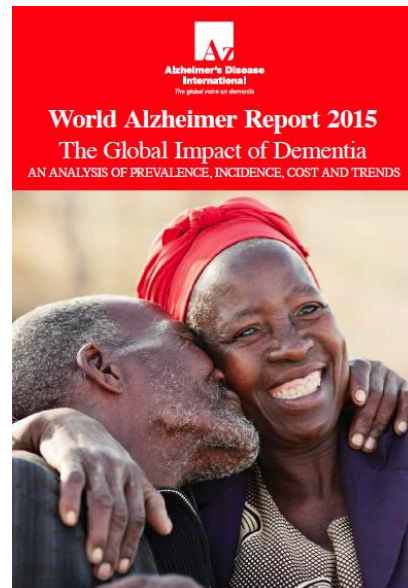
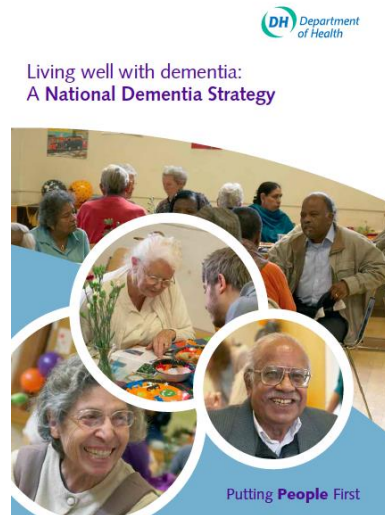
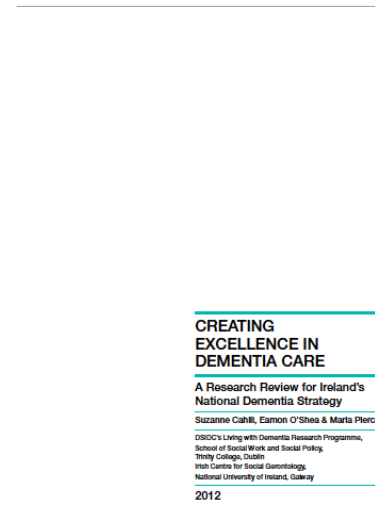
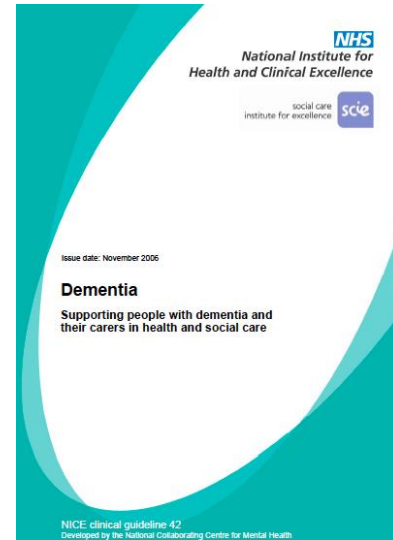
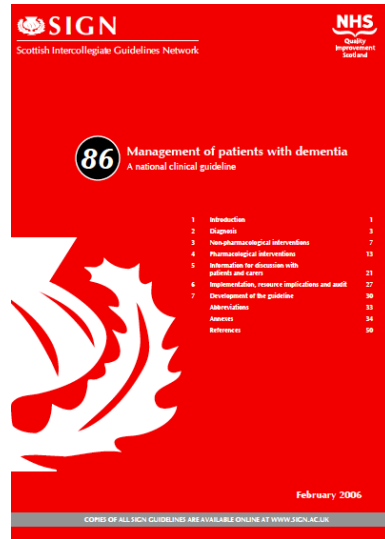
1. Caruana-Pulpan et al. Aging Ment Health. 2014;18(2):179–86.

2. Turner S et al. Age Ageing. 2004;33(5):461–7.

3. Cahill S et al. 2006. 21(4):319–24.

4. Banerjee 2009. <http://www.rcpsych.ac.uk/pdf/>

# Dementia in Primary Care: Guidelines & Policy

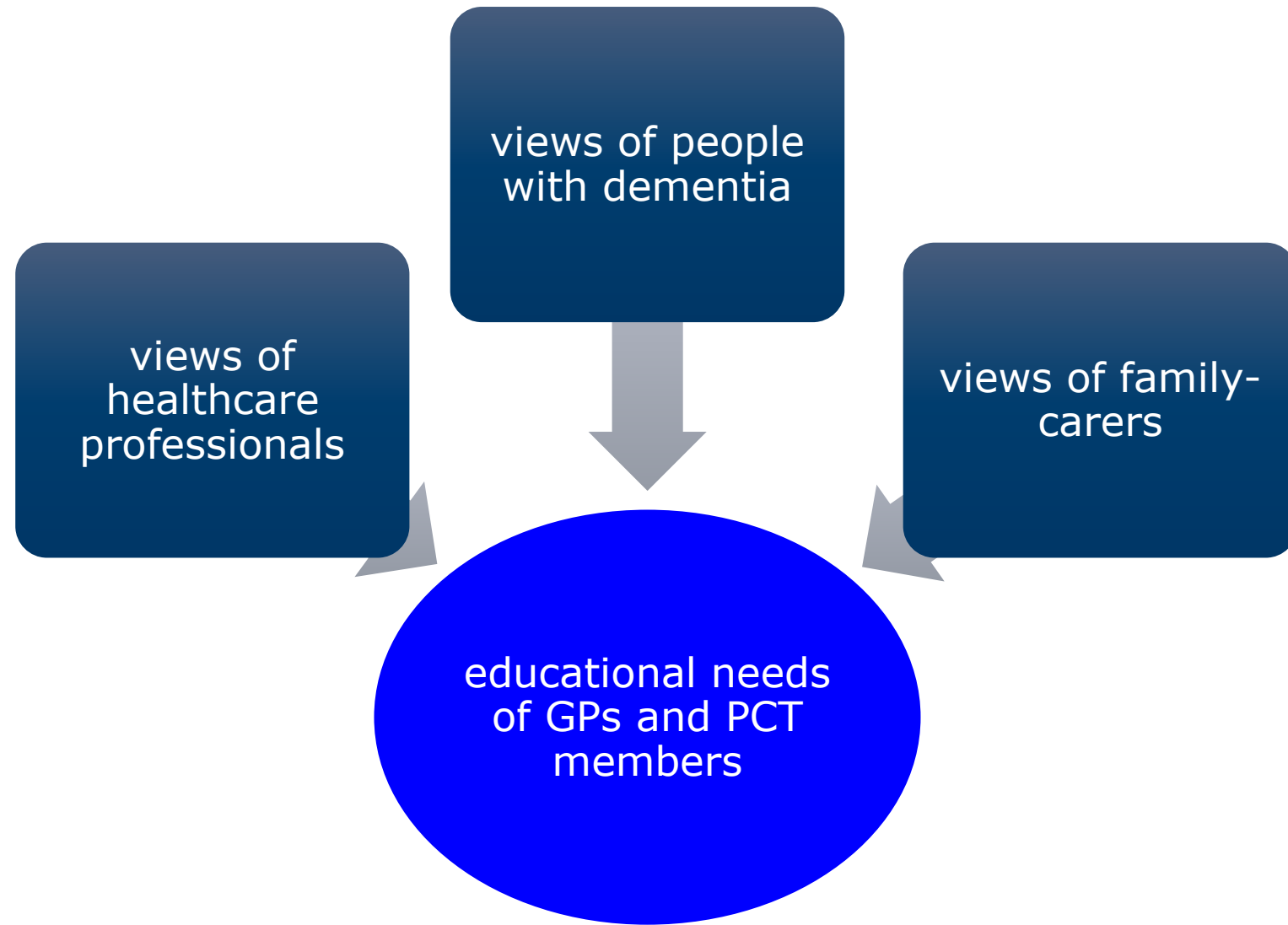


THE IRISH NATIONAL DEMENTIA STRATEGY

# PREPARED Project: Aims

- Patients receive optimal, evidence-based, dementia care in General Practice from **GPs** who are up-skilled to care for patients with dementia and who are empowered by clear, accessible dementia care pathways.
- Patients receive an integrated, collaborative dementia care response from a prepared, proactive **Primary Care Team**.

# What do we need to learn about?



*'We're certainly not in our comfort zone...'*

Diagnosis

Disclosure

Behavioural & psychological symptoms

Signposting services & supports

Counselling



*Diagnosis* - 'So somebody might come to me and say, "I'm a bit forgetful" and to be honest my heart sinks a bit, because I don't feel comfortable, I don't feel like I've got a good strategy. (GP 3)

*Disclosure* - 'Certainly, I've met a lot of people who have had the diagnosis and they went into a kind of shock... and I suppose what I want to say is that GPs could be better in dealing with that situation' (PwD3)

*Behaviours* - 'I learnt all that myself through the internet, to be quite honest with you ....in every surgery I think that there should be a list of what could be available' (FC1)

**Services** - *'Oh, yeah, information is a big thing that they could provide for carers of people with dementia. Like show them the right path for the district nurse, the occupational therapist, you know? It would be a big help for them.'* (FC5)

**Counselling & support** – *'One of the big learnings I've had is the carer support and how important carer support is in the management of the patient'* (FC1)

# Dementia Training

## The Gold Standard

- Small group workshops
  - Peer-facilitated
  - Case-based
  - Interactive
  - Practice-relevant
- Decision support – IT support
- Audit

## PREPARED's Educational Programme

- Small group workshops
- [www.dementiapathways.ie](http://www.dementiapathways.ie)
- Blended-learning
- Audit tools
- Seminars
- E-learning
- Conferences
- Publications

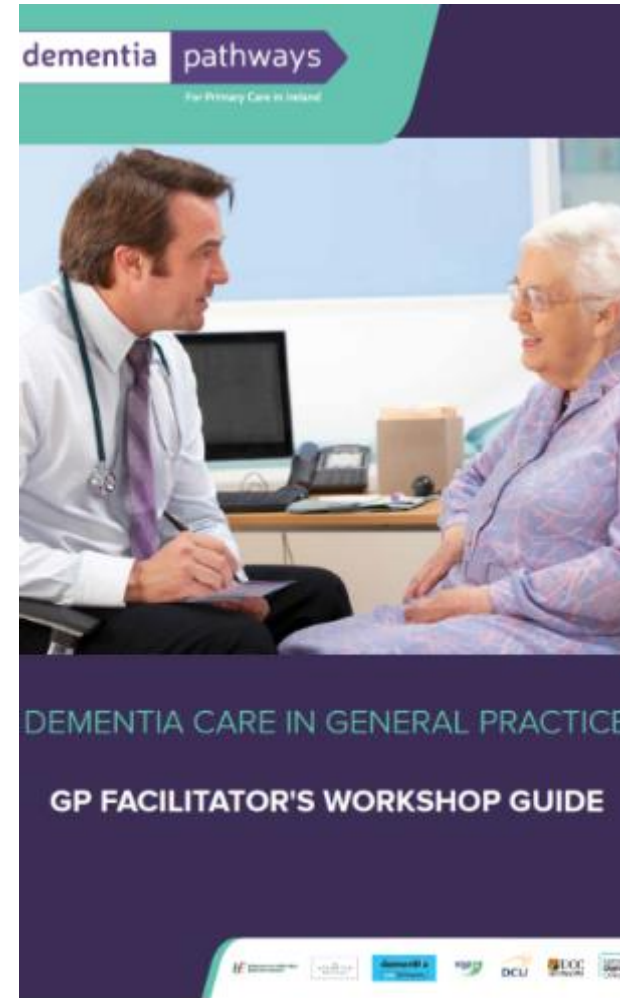
# Primary Care Team Workshop

- Inter-professional
- Facilitated by nurse practitioner
- Facilitators' manual
- Case-based
- Team approach – collaborative care
- Dementia overview
- Learn about each-others' role



# Workshop for GPs

- Practice-based
- GP facilitators
- Facilitators' manual
- Case-based
- Workshops - focusing on;
  - Diagnosis
  - Post-diagnostic care
  - Behavioural symptoms
  - Services and supports



# www.dementiaphathways.ie

dementia pathways

For Primary Care in Ireland



Menu

Dementia Pathways Home Page

## Clinical Resources



### Diagnosis of Dementia in Primary Care

A Clinical Pathway for Diagnosing Dementia in Primary Care



### Post Diagnostic Support

Information on how you can help support your patient and their family post diagnosis.



### Behavioural and Psychological Symptoms of Dementia (BPSD)

Dementia Pathways Home Page

## Local Services & Supports

Refine by county:

Tipperary

Refine by type:

Activities & Groups


- All types
- Activities & Groups
- Care in the home
- Day Care
- Respite
- Local Dementia Advisor
- Information & Advice
- Links to Local HSE Services

SEARCH RESULTS FOR:

"Activities & Groups" in "Tipperary"

### Nenagh Support Group

Monthly meetings on last Wednesday at

 The Alzheimer Society Of Ireland, 3A Ormond Court, Summerhill, Nenagh, Co. Tipperary

# Blended Learning Course: Dementia in Primary Care

- UCC-accredited, 10 ECTS
- 12 week dementia course
- Online & face-to-face master-classes
- 20 Participants/Year
- Facilitated by GPs, PCT members, Gerontologists, Psychogeriatricians, Palliative care specialists
- Input from people with dementia and family carers



# Other Online Resources

**Audit on software systems**

**THE IRISH PRIMARY CARE RESEARCH NETWORK**

HOME | ABOUT US | IPCRN TOOLS | IPCRN DATA | RESEARCH AND PUBLICATIONS | JOIN THE IPCRN | CONTACT | FAQs



**e-learning**



**ICGP EDUCATION**

- e-Learning Modules



# Join Us!

- Workshops
- Website
- Seminars
- Dementia in Primary Care Conference  
Autumn 2018
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Thanks

